



## THIS WEEK IN OUR PARISH LITURGICAL SCHEDULE

<b>Saturday, February 2nd</b> 5:00 p.m. mass:	<b>Fourth Sunday in Ordinary Time</b> †Anthony Rey / K of C Council #4878 †Arlyffe Fellbaun / George
<b>Sunday, February 3rd</b> 9:00 a.m. mass: 11:00 a.m. mass:	<b>Fourth Sunday Ordinary Time</b> †William Uhrich / Margaret and Vern †Fred Dauk / CWL Health of Daphne Garcia
<b>Monday, February 4th</b> 9:00 a.m. mass: 10:30 a.m. mass:	<b>Ferial</b> †Joseph and Mary Stang / Family Suffering Souls in Purgatory / Anna Southwood Care Centre: All parishioners, living and deceased
<b>Tuesday, February 5th</b> 9:00 a.m. mass:	<b>Memorial of Saint Agatha</b> †Rose MacKenzie / Bible Study †Walter Howard / Elizabeth and Jack Egan
<b>Wednesday, February 6th</b> 7:00 a.m. mass: 9:00 a.m. mass: 10:30 a.m. mass: 6:30 p.m.: 7:00 p.m. mass:	<b>ASH WEDNESDAY</b> †Esther Ash / Ron and Sheila Pilon Faye Masse / Monahan Seniors 55+ †Brian Sheridan / Antoinette and Family St. Matthew, St. Cecilia and St. William Elementary Schools Prayers for the Sick †Fred Dauk / St. Cecilia's Adult Choir
<b>Thursday, February 7th</b> 7:00 a.m. mass: 9:00 a.m. mass:	<b>Ferial</b> †James Farrell / Seetal Family †Johanna Maria Van Diepen Praat / deLeeuw Family
<b>Friday, February 8th</b> 7:00 a.m. mass: 9:00 a.m. mass: 7:00 p.m. mass:	<b>Ferial / St. Jerome Emiliani / St. Josephine Bakhita</b> †Mrs. Walsh / Seetal Family Minetta, Joseph & Marion Offidiani / Bradley Serhan followed by STATIONS of the CROSS Special Intention / Boyd Curley
<b>Saturday, February 9th</b> 9:00 am mass:	<b>Ferial</b> †Mildred Jordan / Michael and Fran
<b>Saturday, February 10th</b> 5:00 pm mass:	<b>First Sunday of Lent</b> †Tito Bungabong / Gloria †Jose Varques / Josefa and children
<b>Sunday, February 11th</b> 9:00 am mass: 11:00 am mass:	<b>First Sunday of Lent</b> †Josue and Adoracion Suple / Family †Candida Reyes / Family

Dear Parishioners,

Once again, we stand at the threshold of the forty days of Lent. For many, Lent has become a time set aside to take a deep look inside ourselves and ask ourselves some serious questions about who we are, as human beings, created in the image of God, and how well our lives reflect this divine image.

Lent, like Advent, is a season of values in itself, but nevertheless directed towards a great celebration, actually the most important celebration of our faith, the Easter Triduum, when we initiate new members into our faith and renew our own baptismal promises, stating publicly that we belong to Christ. The season of Lent will help us to prepare for that celebration by inviting us to become better Christians, to renew and revive our commitment and dedication to Christ and His Church, and to serve our brothers and sisters more lovingly.

As we begin Lent this coming Wednesday, we hear Jesus speaking of what we know to be three Lenten practices: almsgiving, prayer and fasting. All three practices are ways of improving our relationships with others, with God and with ourselves.

Almsgiving is a way of sharing with others are gifts and resources, be they material or spiritual, and thus acknowledging the value of the other person. Prayer, which is dialogue with God, deepens our experience of God's presence, strengthens our knowledge of God, and makes us more aware of our dependence on the one who created us and sustains us in life. Fasting is one way to become more aware of who we are and what we place at the centre of our lives. *The law of abstinence from meat binds those who are 14 and older, the law of fasting binds those from 18 to 59 years of age. (Ordo, No. 29d)*

Lent is a time to open ourselves to conversion, to a change of heart that brings greater life to us as individuals and to our community. We invite you to make good use of this season of grace by showing your love for God and your neighbour. Pray for one another and support one another spiritually. Reach out to the ill, handicapped and shut-ins to make them aware of the important role they play in our Christian community. We encourage you to attend our weekly Masses and Stations of the Cross on Friday evenings.

May our good intentions and resolutions this Lent not vanish as quickly as the ashes we will receive on our foreheads on Ash Wednesday.

### STATIONS OF THE CROSS SCHEDULE

K of C	Friday, February 8th
C. W. L.	Friday, February 15th
U. A. C.	Friday, February 22nd
Pastoral Care	Friday, February 29th
Bible Study	Friday, March 7th
Youth	Friday, March 14th



### WORLD DAY OF THE SICK

will be held at St. Cecilia's Church on Sunday, February 10th, 2008, at the 11 a.m. Mass for those who are seriously ill, undergoing surgery, or weakened by age. Anyone wishing to be anointed should register by signing up on the sheets in the foyer, at either of the east exits, or by calling the parish office. Please indicate if you need a ride. A breakfast sponsored by the Knights of Columbus will be served between 9 and 10 a.m. and after the 11 a.m. mass.